



Important Numbers



Office Hours:

Monday – Friday
8:00 AM – 5:00PM

Manager

Veronica Dicochea
(520) 722 - 9015

For TTY users

1-800-367-8939

TDD Hearing Impaired

1-800-367-8939

Assistant Manager

Stephen Smith
(520) 722 - 9687

Service Coordinator

Luz E. Servin
(520) 722 - 9963

Network Center

Coordinator

Austin Garland

Wellness Director

Troy Pearson

AFTER HOURS

Emergency
Maintenance Tech

Jose Servin
(520) 272-3172

If Life Threatening or
Emergency Call 911

Housekeeping

Monica George

Board Liaison

Vicky



Strauss Manor
Website

straussmanor.org

Pima Council on Aging
Information and Help
(520) 790 - 7262

Strauss Manor

370 N Pantano Rd.
Tucson, Az. 85710



Strauss Manor 19 years! Monthly Newsletter September 2025



September 2006-September 2025

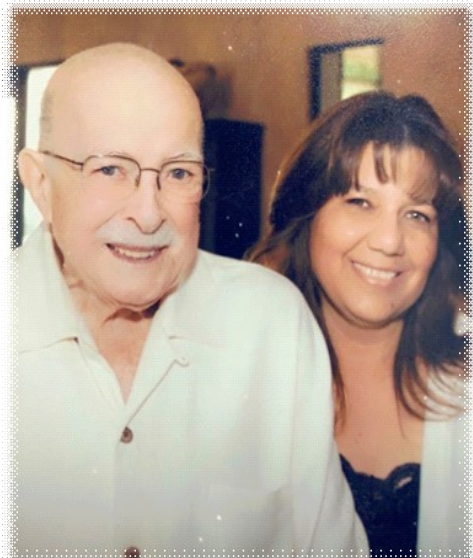


Photo Credit: Phil Chevanne

**Our newsletter is printed courtesy of Cigna Health Plan
Professionally Managed by Biltmore Properties, Inc.**

Published for the Residents of B'nai B'rith Gerd & Inge Strauss Manor on Pantano
Por favor, deje saber a Luz si necesita este boletín traducido verbalmente.

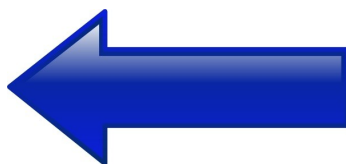
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Our September newsletter is dedicated to the
Strauss Family in memory of
Mr. & Mrs Strauss
for the 19th year anniversary of
B'nai B'rith Gerd & Inge Strauss Manor.
We will be celebrating the anniversary with a luncheon.
We will also be celebrating resident's birthdays
and September holidays on
Thursday, September 18th @ 11:30am.
This will be a Black Tie event!



B'nai B'rith
Strauss Manor
Opening day
September 2006



GERD & INGE
STRAUSS MANOR
ON PANTANO



Gerd Strauss
February 23rd, 1918-December 30th, 2008

Mr. Strauss's last visit to Strauss Manor was on November 21st, 2008

Mr. Strauss strived to bring happiness to others. He was generous, loving, outreaching, strong willed, persistent, determined to get his mission accomplished to provide low income housing for seniors. He will be remembered for the difference he made in so many lives and the deeds he accomplished.

An active member of the Holocaust survivors group in Tucson, he taught thousands of students about the Holocaust.
Son of Moritz and Emma Strauss, Nee Schaumburg, both victims of the Holocaust. Married his childhood sweetheart, Inge (Liebman) who passed away in 2003.

Mr. Gerd Strauss (of blessed memory)
passed away December 30th, 2008





Nineteen years ago, September 2006,
B'nai B'rith Gerd and Inge Strauss Manor opened
their doors to the public. A not-for-profit HUD federal program that expressly addresses
the need for affordable elderly housing for low-income seniors.

Founded by Gerd & Inge Strauss on the promise of compassion
and devotion for every person they encountered.

Since then, we have been blessed to meet and care for many
seniors and their families who have become part of our community.

We cherish every person and family member we've had the pleasure of serving.
Over the past 18 years, our community has continue to grow with the help of many
outside volunteers and community based contacts.

We've added programs, events and classes to better meet the
changing needs of our senior residents. Strauss Manor- a name that reflects our
commitment to live our promise every day for the next years and beyond.



Meeting the need/A great idea is born



Introducing the concept/Planning begins



Breaking new ground/Original construction begins



Welcoming new residents/Comforts of home

BLAST from the PAST



1st Strauss Manor Staff



Manager
Mary Velasco



Service Coordinator
Luz Servin



Maintenance
Marco Quevedo

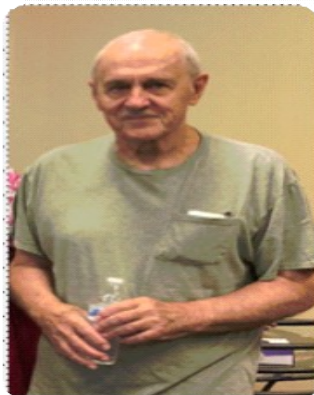
Carol
Trombino &
Petina
(Petina passed away
12/15/2021)



2006
Residents



Manuela
Clarke



Art
Knickerbocker

2007
Residents



Maria
Hernandez



Sweet Memories

Memories
are timeless treasures
of the *Heart*



First Christmas 2006



First Christmas 2006



Walmart Fashion Show 2006



**Strauss Manor's
Neighborhood
Network Center
Inauguration
2007**

*Kathy McElvain,
Michael Strauss,
Patty Vallance
and Gerd Strauss*

BLAST from the PAST

2006
2007

Events



Coffee time 2007



First Resident Volunteers



2nd Halloween celebration 2007

Strauss Manor's

TIMELINE



2nd Halloween celebration 2007



First resident coffee 2006

TEP's Resident Valentine's Day 2008



Tucson Electric Power employees' first year of sponsoring our residents for Christmas-2007



2013



TEP's 2nd Resident Christmas 2008



Our Intergenerational program 2014



Resident Christmas sponsored by Twilight Wish Foundation 2015



Strauss Manor Resident Luau August 2022



2013



2015



2016



2017



2018



2020



2021



2022



2023

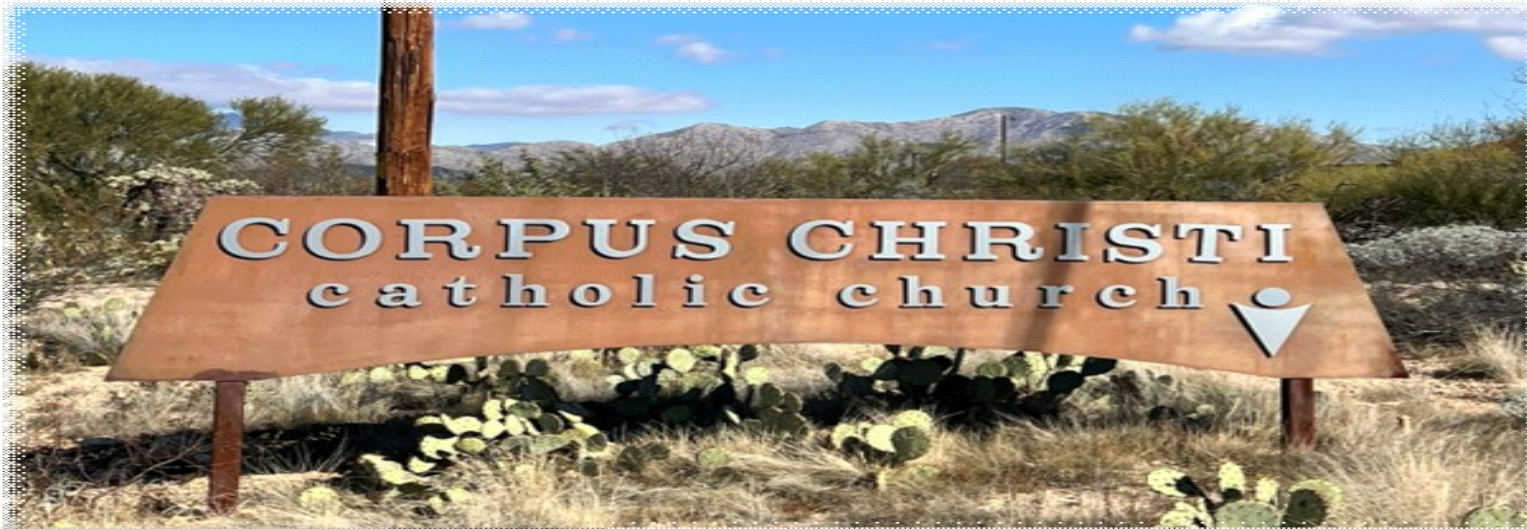


2024/2025



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Thanks Corpus Christi
FOR YOUR GENEROSITY
We greatly appreciate you!





August 21, 2025

On behalf of AHMA-PSW Board of Directors and the Industry Awards Committee, we would like to recognize Luz Servin and present the 'Service Coordinator of the Year' award to her.

The Industry Awards represents the highest honor received in the Affordable Housing Industry. It is a special recognition as colleagues and management select individuals that demonstrate professionalism, compassion, and service!

Luz will be recognized on Thursday, September 4th during our Industry Awards luncheon where she will receive her award.

Congratulations again!

A handwritten signature in blue ink, appearing to read 'Jazmin Ceballos', is written over the typed name and title.

Jazmin Ceballos
Executive Director, AHMA-PSW

We would like to congratulate Luz Servin for receiving the Service Coordinator of the year Award from AHMA (Affordable Housing Management Association)

Luz is very dedicated to all of our residents.

Luz works hard to provide supportive services and referrals to agencies when residents request assistance. Luz has a very strong community support network who partners with her to benefit all of our residents.

We are all very proud and happy for all the excellent work Luz does.

Management:)



National Service Coordinator Day



In 2014, Congress designated September 19th as **National Service Coordinator Day** to "Recognize the value of service coordinators in subsidized and other affordable housing communities for their work to promote and support economic self-sufficiency and independence for low-income families, older Americans, and persons with disabilities."

Older Americans who are assisted by service coordinators experience benefits in their health outcomes and have the ability to age in-place as they become more frail, thereby delaying or preventing the transfer to a more expensive nursing home setting.

Residents in subsidized and affordable housing communities having a service coordinator report higher satisfaction with their living environments and a heightened desire to be productive members of their communities.

The profession of service coordination is dedicated to empowering residents to maximize their independence and self-sufficiency, holds residents' rights to self-determination in the highest regard, and instills trust through maintaining high standards of confidentiality.

I truly love my job and am so glad I can assist my residents with their needs. I am so grateful to all my resident volunteers without whom I could not do as much. Your constant words of gratitude are all I need to keep me going even on the busiest of days.

Luz:)



Strauss Manor Staff 2025



Teamwork

L H F N Z K J K I F F D L G L S P I I A W E M J
 N G X P O K X O L O W W A P T C P C L Y Q D D B
 N O I T A V I T O M Z W O S R Z K L F U V N C B
 H O R B K Y M R L M Q V G S U T W R Q Z I C G W
 D D J X P P K P G U A Y D E S S J T N G I A G T
 X K A F L E E M U I W P P C T R L L N E O A D Q
 O Z W Q U E K R P G J Y Y C L D B B N V N R L O
 S N R K G V G E S N M F N U B K Z C A O A G C M
 M A E T J P L M A E G Z H S F U O D I H B I W N
 P Q L A J V A Y X Z V M Z D A U H T K W M M B Q
 T D L A F V F C W L R E Y C R R A R I V A Q Z J
 L U J A H D U Z O A E P R A M R O N N F G L O P
 O E C N E I T A P M H X G A E W T S U P P O R T
 A N U Y M P W R U T M E A P N G S I T K O G I W
 E M A T S H M Z F R R U O O D C T W L C W I C K
 C O S I D V D F Q V J O N R V G E U W H I B C O
 N U T V O M T Y Q D C K H I C F M F S K I X Z W
 A W R I R D S F D I I A H X C O D E R I P S N I
 D Y A T E W D H F V S E A N F A L Y G G E E J E
 I A T I Q O F B J S S T L F T P T F A M I L Y K
 U W E S U S X L I D Y C T X K R T I N Q C K Y W
 G R G O E A O S I P D L C N H I L W O W D S I T
 K E Y P H N T I C X X P A L O I O C J N N U H Q
 W U Z N K S T R E N G T H C L E A D E R S H I P

Communication

Perseverance

Cooperation

Positivity

Motivation

Leadership

Work Hard

Encourage

Strength

Guidance

Strategy

Patience

Support

Success

Inspire

Family

Assist

Trust

Team

Goal





September 11, 2001 is a day that many will never forget. After the terrorist attacks on our World Trade Center and the Pentagon, many Americans' lives were changed forever. Let's remember that day, fill our hearts with strength and pay tribute to those who lost their lives on 9/11.

HAPPY LABOR DAY

Monday, September 1st 2025



Artist



Doctor



Nurse



Mechanic



Farmer



Reporter

Happy Grandparents Day!



In 1978, the first Sunday after Labor Day was proclaimed National Grandparents Day. It is a day to honor those who have helped shape the character of our Nation, and thank these role models for their immeasurable acts of love, care, and understanding.

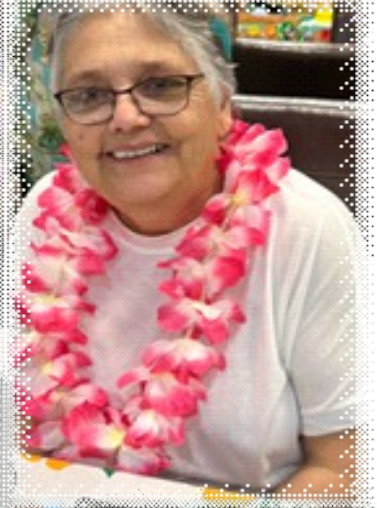


Fernando Diaz, Senior Med Solutions, is available on Tuesdays and Thursdays from 11:30am-1:00pm (please see calendar) to help you with any questions you may have about your Medicare, Social Security and DES/AHCCCS.

Please call Luz @ 520-722-9963 if you have any questions.



AUGUST HAPPENINGS



L
U
A
U

AUGUST 2025
B'NAI B'RITH
GERD & INGE STRAUSS MANOR
WELLNESS CENTER



TROY J PEARSON—WELLNESS DIRECTOR



WHAT?

STRAUSS MANOR 19TH ANNIVERSARY BLACK TIE EVENT
FUN!!! FOOD!!! LIVE MUSIC!!!

WHERE?

MULTI-PURPOSE ROOM

WHEN?

THURSDAY, SEPTEMBER 18TH AT 11:30AM



WELLNESS CENTER CALENDAR SEPTEMBER 2025



TUESDAY, SEPTEMBER 2ND

NOON—SIMPLY SEATED

2:00PM—CARDIO-DRUMMING

THURSDAY, SEPTEMBER 4TH

NOON—HANDBELLS

2:00PM BOOMWHACKERS

TUESDAY, SEPTEMBER 9TH

NOON—NO-FALL BALLOON VOLLEYBALL

2:00PM—CHAIR DANCING

THURSDAY, SEPTEMBER 11TH

NOON—SIT & BE FIT

2:00PM—CHAIR TAI-CHI

TUESDAY, SEPTEMBER 16TH

NOON—SHOULDER MOBILITY

2:00PM—HIP MOBILITY

THURSDAY, SEPTEMBER 18TH

11:30AM—STRAUSS MANOR 19TH ANNIVERSARY BLACK TIE EVENT

TUESDAY, SEPTEMBER 23RD

NOON—UPPER BODY STRETCH

2:00PM—LOWER BODY STRETCH

THURSDAY, SEPTEMBER 25TH

NOON—BREATH & TAI-CHI

2:00PM—HIGH TEA

TUESDAY, SEPTEMBER 30TH

NOON—TAI-CHI

2:00PM—AGELESS YOGA



Resident Activities September 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>I Love Service Coordinators! September 19th Celebrate with me National Service Coordinator Day</p>	<p>1 Offices Closed</p>  <p>it's Labor Day take the day off!</p>	<p>2</p>  <p>11:30am-1:30pm Medicare/DES Information W/Fernando Diaz</p>	<p>3</p> <p>2:00pm Cigna Meeting MPR Reserved</p> <p>Staff in Phoenix for the AHMA Conference</p>	<p>4</p> <p>11:30am-1:30pm Medicare/DES Information W/Fernando Diaz</p>	<p>5**10:45am</p> <p>BIBLE Study</p> <p>3:00pm</p> 	<p>6 Ping Pong/ Card Games Day</p> 
<p>Happy Grandparents Day</p> 	<p>8 9:00AM AVON</p> <p>2:00pm</p> 	<p>9 9:00am AmeriCorps Senior Foster Grandparents Program</p> <p>11:30am-1:30pm Medicare/DES Information W/Fernando Diaz</p>	<p>10 9:00am Aria Hospice Blood Pressure Check</p> <p>10:00am Haircuts W/Ashley</p> 	<p>11</p> <p>11:30am-1:30pm Medicare/DES Information W/Fernando Diaz</p> <p>2:00pm Windows 11 Class W/Austin</p>	<p>12**10:45am</p> <p>BIBLE Study</p> <p>3:00pm</p> 	<p>13 Ping Pong/ Card Games Day</p> 
	<p>5 10:30am</p>  <p>2:00pm</p> 	<p>16 9:00am Soulistic Hospice Affirmations Positive Conversations On Health and Wellness</p> <p>11:30am-1:30pm Medicare/DES Information</p>	<p>17 10:00am</p>  <p>2:00pm</p>  <p>W/Fernando</p>	<p>18</p> <p>11:30am Resident Birthdays/ Holidays/ Strauss Manor's 19th year Anniversary Ice cream truck will follow</p>	<p>19**10:45am</p> <p>BIBLE Study</p> <p>3:00pm</p> 	<p>20 Ping Pong/ Card Games Day</p> 
	<p>22 9:00am Tucson Fire Dept Fall Prevention Fire Safety</p> <p>2:00pm</p> 	<p>23</p> <p>11:30am-1:30pm Medicare/DES Information W/Fernando Diaz</p> <p>2:00pm On line Grocery app class W/Austin</p>	<p>24 10:00am</p>  <p>3:00pm DANCE</p> 	<p>25 9:00am Advanced Directive By Archwell</p> <p>11:30am-1:30pm Medicare/DES Information W/Fernando Diaz</p> <p>2:00pm High Tea</p>	<p>26**10:45am</p> <p>BIBLE Study</p> <p>3:00pm</p> 	<p>27 Ping Pong/ Card Games Day</p> 
	<p>29</p> <p>2:00pm</p> 	<p>30 9:00am Healthy Aging W/ArchWell Health</p> <p>11:30am-1:30pm Medicare/DES Information W/Fernando Diaz</p>	<p>Monday-Saturday @ 9:00am</p> 	<p>Austin's Schedule Tuesdays & Thursdays 9:00am-5:00pm</p>	<p>Tatyana's Piano Time Mondays & Thursdays @ 5:00PM</p> 	